

Amlexanox Exhibits Cardioprotective Effects in 5/6 Nephrectomized Rats

Rasha Mohamed Sabry Mohamed Mohamed^{1*},
Shimaa Mostafa Elshazly², Nevertyty Mohamed Mahmoud¹

¹Clinical Pharmacology Department, Faculty of Medicine, Zagazig University, Egypt

²Pharmacology and Toxicology Department, Faculty of Pharmacy, Zagazig University, Egypt

Cardiorenal syndrome is a life-threatening condition. The aim of the current study was to determine the cardioprotective effects of amlexanox in 5/6 nephrectomized rats. Rats were randomly assigned to three groups: sham, 5/6 nephrectomized rats, and amlexanox-treated 5/6 nephrectomized group. Amlexanox (25 mg/kg/day, i.p.) administration was started just after surgery and continued for 10 weeks. After treatment, kidney function (serum creatinine and urea) and blood pressure (systolic and diastolic) were measured. Heart weight (normalized to tibial length) and fibrosis area percentage were measured. Serum brain natriuretic peptide (BNP, heart failure marker) and cardiac levels of β 1-adrenergic receptor (β 1AR), β -arrestin-2, phosphatidylinositol-4,5-bisphosphate (PIP2), diacylglycerol (DAG), pS473 Akt (a survival marker), and caspase-3 activity (an apoptosis marker) were also measured. The 5/6 nephrectomy caused renal impairment, cardiac fibrosis, apoptosis, and heart failure indicated by down-regulation of cardiac β 1AR down-stream signals compared with those in the sham group. Interestingly, amlexanox significantly reduced all cardiopathological changes induced after 10 weeks of 5/6 nephrectomy. Amlexanox showed potent cardiac antifibrotic and antiapoptotic effects in 5/6 nephrectomized rats, which were associated with reduced heart failure. To our knowledge, this is the first study that addresses the potent *in vivo* cardioprotective effects of amlexanox.

Keywords: Amlexanox. Cardiorenal syndrome. β -Arrestin-2.

INTRODUCTION

Cardiorenal syndrome (CRS) is a term used to describe the mutual effects of both cardiac and renal injury on each other (Ronco *et al.*, 2008). CRS is classified into five types, according to the organ where the injury is initiated. In the current study, we induced type 4 CRS, also known as chronic renocardiac syndrome, by performing 5/6 nephrectomies in rats (Suresh *et al.*, 2017). This type of CRS is usually associated with heart failure, cardiac hypertrophy, and cardiac remodeling (Suresh *et al.*, 2017).

The exact mechanisms by which the heart and kidney affect each other are not completely understood. Reports

indicate central venous congestion (Khoury *et al.*, 2018), neuro-hormonal elaboration (Vinod *et al.*, 2017), anemia (Pallangyo *et al.*, 2017), oxidative stress (Carlstrom, Montenegro, 2019), and renal sympathetic activity (Yu *et al.*, 2017) as potential contributors to this complex syndrome. Within this context, β -blockers, angiotensin receptor blockers, or a combination of both are potential treatments for this syndrome.

β -Adrenergic receptors (β ARs) are G-protein-coupled receptors that include three subtypes: β 1, β 2, and β 3ARs (Velmurugan, Baskaran, Huang, 2019). β 1 and β 2ARs are the main regulators of sympathetic activity in myocardial cells through coupling with *Gas* protein (Yang *et al.*, 2020). Notably, chronic stimulation of the cardiac β 1AR is highly correlated with cardiomyocyte apoptosis and heart failure. Similarly, there is a strong correlation

*Correspondence: R. M. S. M. Mohamed. Clinical Pharmacology Department, Faculty of Medicine, Zagazig University, Zagazig, 44519 Egypt. Phone: +200552303266. E-mail: rmsabry@medicine.zu.edu.eg. ORCID: 0000-0002-4173-4399

between the decreased density of the β 1AR and cardiac dysfunction (Boccella, Paolillo, Perrino, 2019).

Down-regulation of β AR is mediated by a group of proteins known as G-protein-coupled receptor kinases (GRKs), which are classified into seven subtypes (GRK1 to GRK7) (Hattori, Michel 2019). GRK2 and GRK5 are the main GRKs expressed in the myocardium that mediate desensitization and down-regulation of β 1- and β 2-ARs, respectively. Both β 1- and β 2-ARs are up-regulated during heart failure (Liggett *et al.*, 2008). Moreover, the process of desensitization involves translocation of cytoplasmic proteins, known as β -arrestins, to the cell membrane, resulting in uncoupling of the G-proteins and internalization of β ARs (Hattori, Michel 2019). Thus, β 1AR can be desensitized by the action of GRKs and β -arrestins (Hattori, Michel 2019).

β -Arrestins are classified into two types, β -arrestin-1 (major form) and -2 (minor form) (Ungerer *et al.*, 1994). In the heart, the two isoforms mediate opposing effects. β -Arrestin-1 is cardiotoxic; it desensitizes β 1AR and induces cardiomyocyte apoptosis and inflammation (Bathgate-Siryk *et al.*, 2014). On the contrary, β -arrestin-2 does not desensitize β 1AR and mediates antiapoptotic and anti-inflammatory effects (McCrink *et al.*, 2017). Moreover, β -arrestin-2 competes with β -arrestin-1 for β 1AR binding sites, reducing the cardiotoxic effects of β -arrestin-1 (McCrink *et al.*, 2017).

Amlexanox is a pyridochromene-derived monocarboxylic acid that has anti-inflammatory, anti-allergic, and immunomodulatory effects. Amlexanox is currently used as an oral treatment for aphthous ulcers (Bell, 2005) via an unknown mechanism. Amlexanox is no longer used in the United States. On the other hand, in Japan, amlexanox is approved for the treatment of allergic diseases, based on its mast cell stabilization activity (Mucke, 2018). Recent studies have shown that amlexanox is a GRK5 inhibitor (GRK5i) (Homan *et al.*, 2014) and a specific inhibitor of non-canonical inhibitory kappa B

kinases (I κ B kinases) (Reilly *et al.*, 2013). Based on the potential role of amlexanox as a GRK5 in heart failure, we designed this study to determine the cardioprotective effects of amlexanox in 5/6 nephrectomized rats, as a model of CRS.

MATERIAL AND METHODS

Animals

Adult male Wistar rats weighing 240 to 260 g were purchased from the Faculty of Veterinary Medicine, Zagazig University, Egypt. Rats were distributed (three per cage) and acclimated for 1 week. Rats had free access to food and water. Temperature, humidity, and light/dark cycles were kept constant at $23^{\circ}\text{C} \pm 2^{\circ}\text{C}$, $60\% \pm 10\%$, and 12/12 h, respectively. All animal handling procedures were approved by the Ethical Committee for Animal Handling at the Faculty of Pharmacy, Zagazig University, Egypt, with approval no. P4-8-2017.

Drugs and experimental design

Rats were randomly divided into three groups: sham ($n = 10$), 5/6 nephrectomy ($n = 16$), and amlexanox ($n = 12$). In the sham group, rats were subjected to renal evacuation, decapsulation, and return of the intact kidney into the abdominal cavity performed bilaterally in a 2-week interval. In the 5/6 nephrectomy, and amlexanox groups, rats were subjected to nephrectomy as described below. After surgery, rats in the amlexanox group received amlexanox (25 mg/kg/day, i.p., Sigma, St. Louis, MO) (Mohammed *et al.*, 2019) for 10 weeks beginning after surgery. Amlexanox was dissolved in dimethyl sulfoxide (DMSO, 60 mg/ml) and diluted with saline to a final volume of 2 ml/rat (5% final concentration). Also, the sham and 5/6 nephrectomy groups received 5% DMSO in the same volume and sequence as the amlexanox-treated rats (Figure 1).

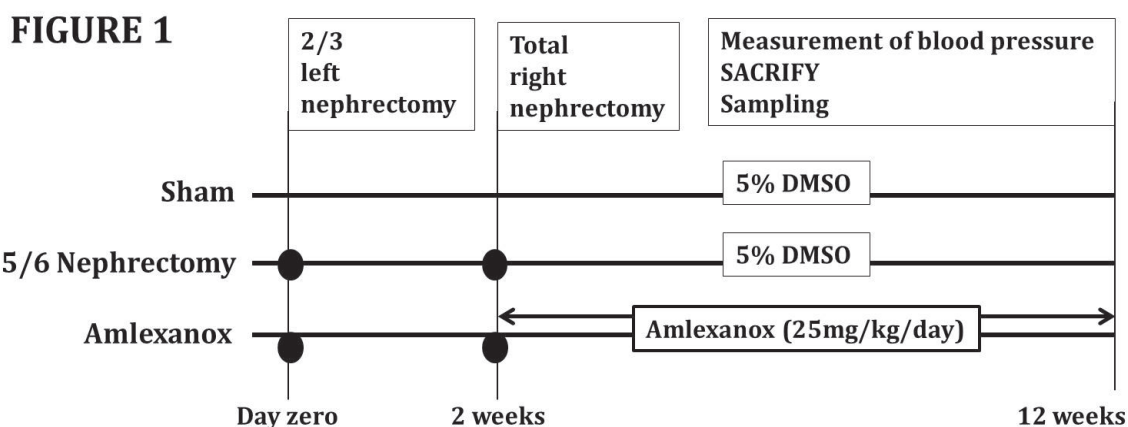


FIGURE 1 - Experimental design.

Induction of renal failure by 5/6 nephrectomy of total renal mass

The left kidney was exposed through a lateral dorsal incision and decapsulated. The renal vessels were clamped, and both poles (2/3 of the functional kidney mass) were dissected. The cut surface was treated with instant glue to stop bleeding. The vessel clamps were removed, and the renal stump was returned to the abdominal cavity. Two weeks later, the right renal vessels were ligated, and a total right nephrectomy through a lateral dorsal incision was done to achieve a 5/6 reduction. All operations in the sham and 5/6 nephrectomy groups were performed using sodium pentobarbital (100 mg/kg, i.p.) as an anesthetic. All procedures were performed under strict aseptic conditions, and special care was taken to prevent damage to the adrenals during surgery. The incisions were sutured in two layers and covered by instant glue. After each operation, rats were treated with a one-time application of antibiotic and housed individually with free access to food and water. Renal failure was significant 10 days after surgery, whereas heart failure and cardiac remodeling were significant 10 weeks after surgery (Švíglerová *et al.*, 2010).

Measurement of blood pressure

Blood pressure was monitored using a tail-cuff blood pressure measuring system. Blood pressure was monitored from 10 AM to 12 noon by a non-invasive

tail-cuff method (Harvard Apparatus Ltd, Edenbridge, Kent, England). Rats were trained with the instrument for 1 week before initiation of the experiment and were conscious during the measurement. Rats were placed in a heated restrainer at $37\text{ }^{\circ}\text{C} \pm 1^{\circ}\text{C}$ for 10 min. Blood pressure was measured at least three times for each rat, and the average was reported.

Collection of blood and serum separation

At the end of the experiment, all animals were anesthetized with urethane (1.3 g/kg, i.p., Sigma-Aldrich, USA). Blood samples were obtained from the orbital sinus of fasted rats. Blood samples were centrifuged, and the separated serum was stored at -20°C until use.

Collection of heart samples for laboratory analysis

At the end of the experiment, rats were euthanized by decapitation. Part of the heart sample was immersed immediately in liquid nitrogen and stored at -80°C until analysis. The other part was processed for histopathological examination.

Colorimetric assays

Serum creatinine and serum urea were measured using commercially available quantitative colorimetric assay kits obtained from Biodiagnostic Co. (Egypt). Cardiac caspase-3 activity was measured using a

caspase-3 activity assay kit (Sigma Aldrich, USA). All procedures were performed according to the manufacturers' instructions.

Enzyme-linked immunosorbent assays (ELISA)

Serum levels of brain natriuretic peptide (BNP, Peninsula Laboratories, Bachem Group, USA), cardiac levels of β 1-adrenergic receptor (β 1AR, Biomatik, Ontario, Canada), β -arrestin-2 (Life Span Biosciences, Inc.), phosphatidylinositol-4,5-bisphosphate (PIP2, Echelon Biosciences, Inc., Salt Lake City, UT), diacylglycerol (DAG, Wuhan EIAab Science Co., Ltd, China), and phosphorylated AKT S473 (Kit-3997, DRG International, Inc., USA) were measured using rat ELISA kits. All procedures were performed according to the manufacturers' instructions.

Histopathology

Part of the heart was harvested, fixed in 4% paraformaldehyde, embedded in paraffin, and cut into 5- μ m sections. Sections were stained with Mallory trichrome staining. Sections were assessed and quantified by digital image analysis using the computer software Scion Image Beta 4.03 (Scion Corporation, Frederick, MD, USA) to detect the extent of fibrosis.

Statistics

Data are presented as mean \pm SE. Statistical analysis was performed using GraphPad Prism version

5 (GraphPad Software, Inc., CA, USA). Groups were compared using one-way ANOVA and post-hoc Tukey test. P-values <0.05 were considered significant.

RESULTS

Effects of amlexanox on survival rate, kidney functions, and diastolic and systolic blood pressures in 5/6 nephrectomized rats

As presented in Table I, amlexanox improved the 10-week survival of 5/6 nephrectomized rats. As shown in Figure 2 and Table II, serum creatinine (0.98 ± 0.02 vs. 0.57 ± 0.01 mg/dl after 10 weeks of surgery) and urea (125.4 ± 6.5 vs. 24.17 ± 2.2 mg/dl after 10 weeks of surgery) increased significantly in the 5/6 nephrectomized rats than in the sham group. Interestingly, both creatinine (19% decrease, Figure 2A) and urea (27% decrease, Figure 2B) were significantly lower in amlexanox-treated rats than in 5/6 nephrectomized rats. Moreover, both diastolic and systolic blood pressures (8% and 23% decrease, Figures 2C and 2D, respectively) were significantly lower in amlexanox-treated rats than in 5/6 nephrectomized rats.

TABLE I - Rat survival by the end of the experiment

Groups	Rat survival	
	Day 0	10 th week
Sham	10	10
5/6-nephrectomized rats	16	13
Amlexanox	12	11

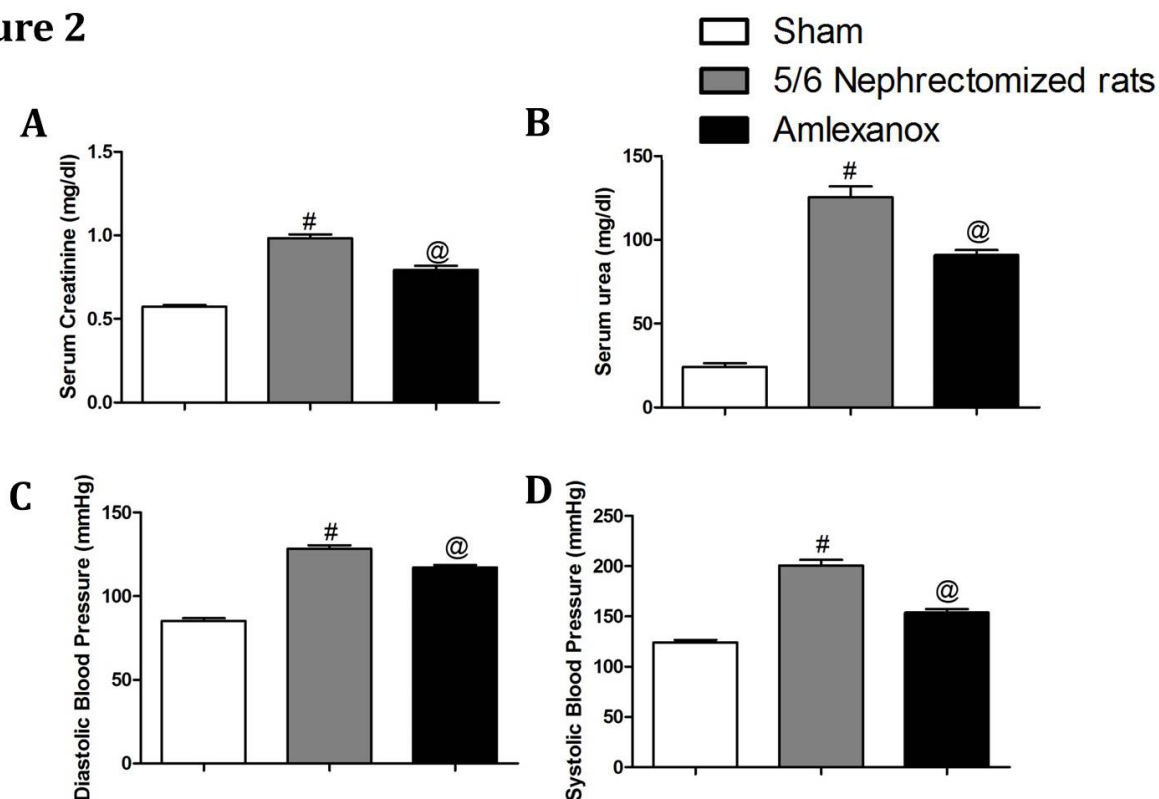
Figure 2

FIGURE 2 - Changes in kidney function and blood pressure 10 weeks after surgery. Quantitative analysis of serum creatinine (A) and serum urea (B). Graphical presentation of diastolic blood pressure (C) and systolic blood pressure (D). Amlexanox (25 mg/kg/day) was injected i.p. for 10 weeks, starting just after 5/6 nephrectomy. Groups were compared using one-way ANOVA and post-hoc Tukey's test. Values are presented as mean \pm SE (n = 6). #P < 0.05 compared with the sham group, @P < 0.05 compared with the 5/6 nephrectomy group.

TABLE II - Effects on kidney functions and blood pressure after 10 days of 5/6 nephrectomy

	Serum Creatinine (mg/dl)	Serum Urea (mg/dl)	Diastolic blood pressure (mmHg)	Systolic blood pressure (mmHg)
Before Surgery				
Sham	0.55 \pm 0.01	24.18 \pm 1.9	83.67 \pm 3.2	122.8 \pm 2.4
5/6-nephrectomized rats	0.56 \pm 0.01	25.00 \pm 1.7	85.00 \pm 3.9	121.2 \pm 1.9
Amlexanox	0.53 \pm 0.02	25.00 \pm 0.9	85.67 \pm 2.4	124.0 \pm 2.1
10 Days after Surgery				
Sham	0.52 \pm 0.02	25.25 \pm 2.5	92.00 \pm 2.1	118.3 \pm 2.8
5/6-nephrectomized rats	0.87 \pm 0.03 [#]	110.1 \pm 6.1 [#]	123.7 \pm 3.5 [#]	179.2 \pm 4.1 [#]
Amlexanox	0.83 \pm 0.03	102.5 \pm 3.5	117.7 \pm 3.2	159.5 \pm 2.0

Values are expressed as mean \pm SE (n= 6). Amlexanox (25mg/kg/day) was given i.p. Statistical analysis using Two-way ANOVA, followed by Bonferroni's Post-test. #P < 0.05 vs. sham

Effects of amlexanox on cardiac hypertrophy and fibrosis in 5/6 nephrectomized rats

Heart weight normalized to tibial length (427.7 ± 7.8 vs. 283.3 ± 4.9 mg/cm, Figure 3A) and cardiac fibrosis area percentage (blue-stained area, 23.5 ± 1.5 vs. 2.5 ± 0.28 , Figures 3B and 3C) increased significantly in 5/6

nephrectomized rats than in the sham group. In harmony with the improved diastolic and systolic blood pressures, cardiac hypertrophy, and fibrosis (13% and 55% decrease, respectively) were significantly lower in the amlexanox-treated rats compared with blood pressures in the 5/6 nephrectomized rats.

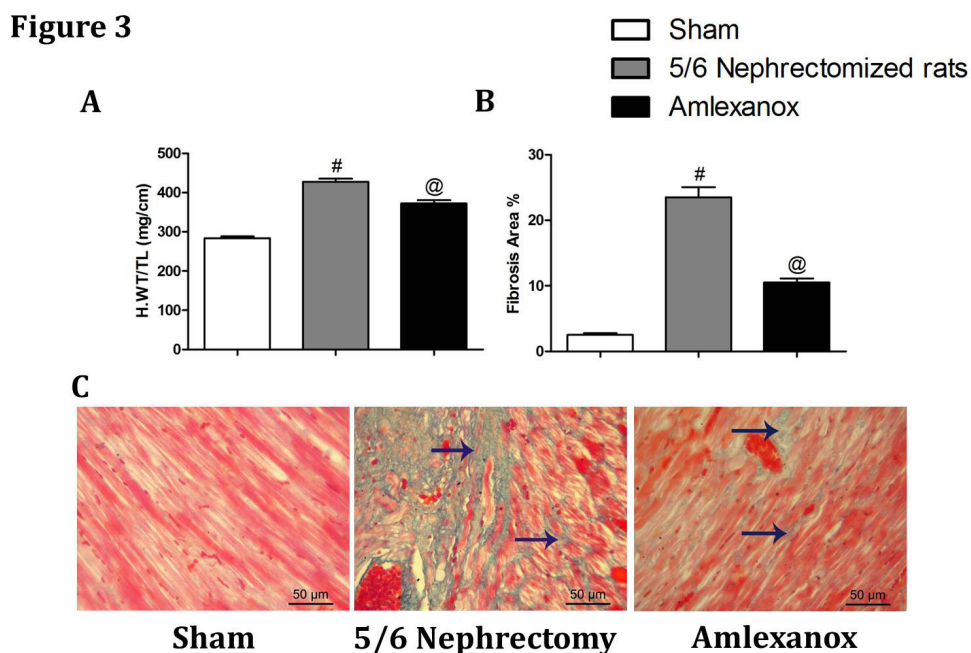


FIGURE 3 - Changes in heart weights and fibrosis area percentage. Graphical presentation of heart weight normalized to tibial length (H. WT/TL) (A) and fibrosis area % (B). Representative photomicrographs of cardiac tissues stained with Mallory trichrome (C). Amlexanox (25 mg/kg/day) was injected i.p. for 10 weeks, starting just after 5/6 nephrectomy. Groups were compared using one-way ANOVA and post-hoc Tukey's test. Values are represented as mean \pm SE (n = 6). #P < 0.05 compared with the sham group, @P < 0.05 compared with the 5/6 nephrectomy group.

Effects of amlexanox on serum BNP and cardiac β 1-adrenergic receptor (β 1AR) down-stream signals in 5/6 nephrectomized rats

As depicted in Figure 4, 5/6 nephrectomy significantly increased serum BNP levels (2.05 ± 0.07 vs. 0.25 ± 0.02 ng/ml, Figure 4A) but significantly decreased cardiac levels of β 1AR (13.8 ± 0.85 vs. 38.02 ± 2.2 pg/mg, Figure 4B),

β -arrestin-2 (82.3 ± 4.5 vs. 166.2 ± 7.96 pg/mg, Figure 4C), and PIP2 (16.5 ± 1.19 vs. 47.29 ± 2.69 nmol/mg, Figure 4D) compared with levels in the sham group. Interestingly, serum BNP levels (40% decrease, Figure 4A) were significantly lower and cardiac β 1AR (230%, Figure 4B), β -arrestin-2 (32%, Figure 4C), and PIP2 (100%, Figure 4D) levels were significantly higher in amlexanox-treated rats compared with the levels in 5/6 nephrectomized rats.

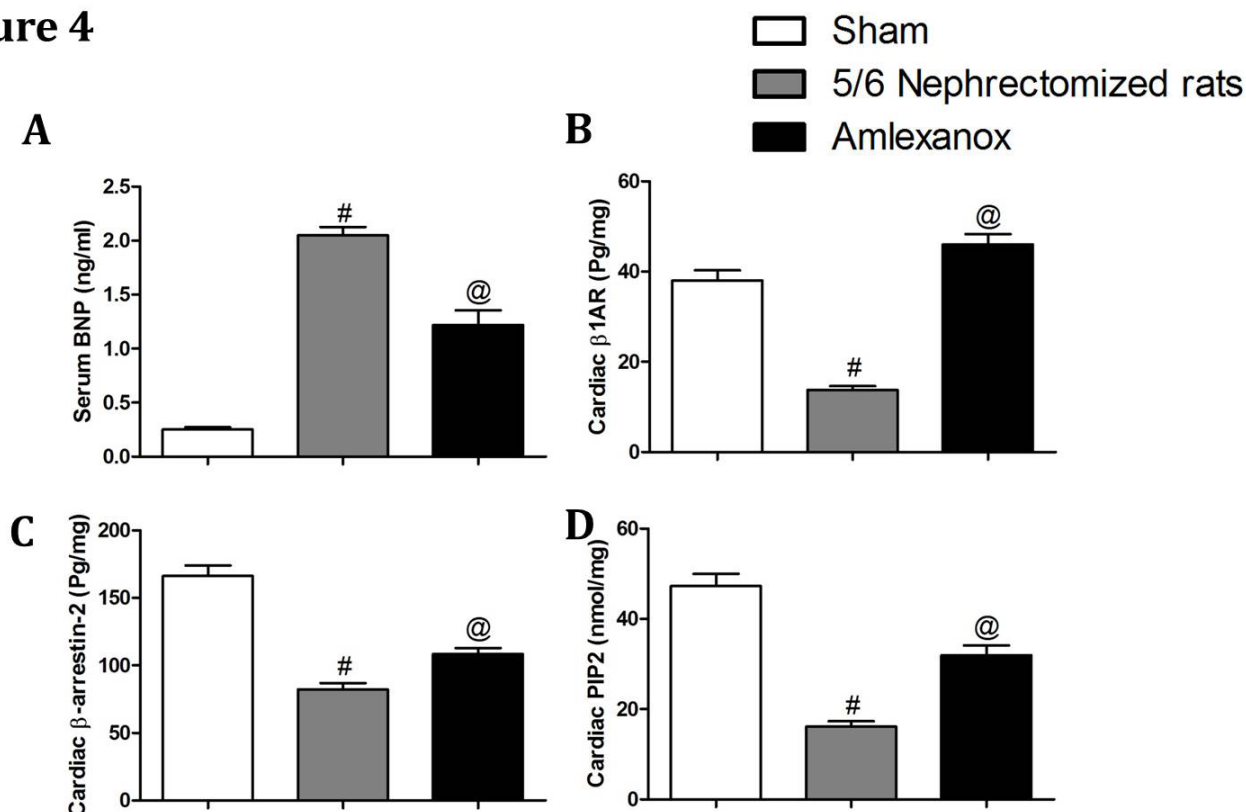
Figure 4

FIGURE 4 - Changes in serum brain natriuretic peptide (BNP) and cardiac adrenergic signaling pathways. **(A)** Quantitative analysis of serum BNP. **(B)** Quantitative analysis of β 1-adrenergic receptor β 1AR. **(C)** Quantitative analysis of β -arrestin-2. **(D)** Quantitative analysis of phosphatidylinositol-4,5-bisphosphate (PIP2). Amlexanox (25 mg/kg/day) was injected i.p. for 10 weeks, starting just after 5/6 nephrectomy. Groups were compared using one-way ANOVA and post-hoc Tukey's test. Values are represented as mean \pm SE (n = 6). #P < 0.05 compared with the sham group, @P < 0.05 compared with the 5/6 nephrectomy group.

Effects of amlexanox on cardiac diacylglycerol (DAG) levels and apoptosis signals in 5/6 nephrectomized rats

Cardiac DAG (5.3 ± 0.33 vs. 1.64 ± 0.12 , Figure 5A) and caspase-3 activity (451.4 ± 26.3 vs. 78.08 ± 8.09 U/g, Figure 5B) levels increased significantly but cardiac pS473 Akt levels (1.77 ± 0.13 vs. $5.2 \pm$

0.25 ng/mg, Figure 5C) decreased significantly in 5/6 nephrectomized rats compared with the levels in the sham group. Notably, cardiac DAG and caspase-3 activity levels were significantly lower (38% and 53% decrease, Figures 5A and 5B, respectively) and cardiac pS473Akt levels were significantly higher (44%, Figure 5C) in amlexanox-treated rats than in 5/6 nephrectomized rats.

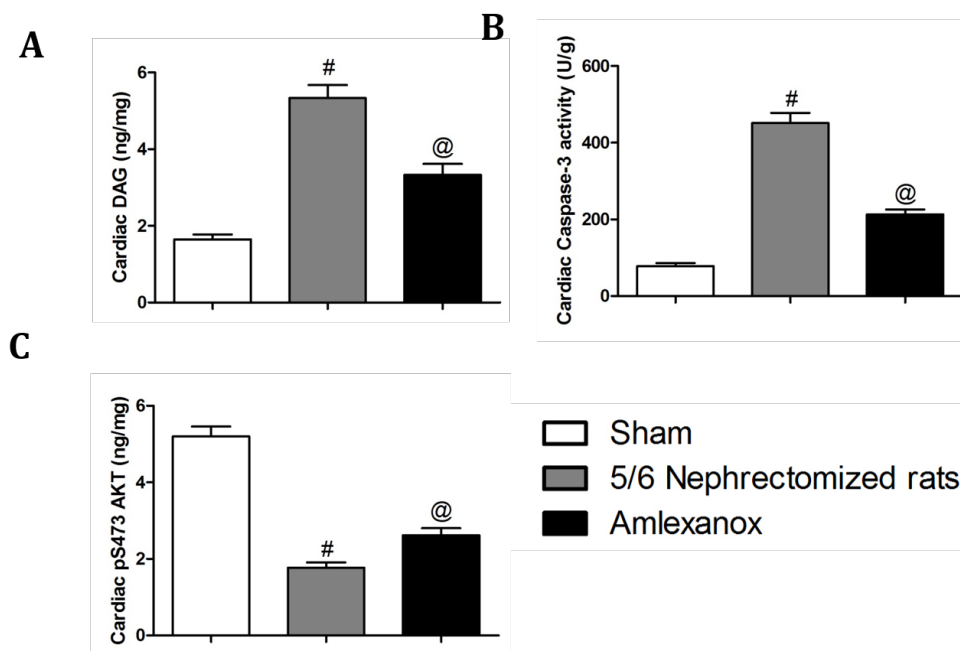
Figure 5

FIGURE 5 - Changes in cardiac diacylglycerol (DAG) and apoptosis signals. **(A)** Quantitative analysis of diacylglycerol (DAG). **(B)** Quantitative analysis of caspase-3 activity. **(C)** Quantitative analysis of pS473AKT. Amlexanox (25 mg/kg/day) was injected i.p. for 10 weeks, starting just after 5/6 nephrectomy. Groups were compared using one-way ANOVA and post-hoc Tukey's test. Values are represented as mean \pm SE (n = 6). #P < 0.05 compared with the sham group, @ P < 0.05 compared with the 5/6 nephrectomy group.

DISCUSSION

Chronic kidney disease (CKD) is a public health problem with high economic burden, morbidity, and mortality rates. Patients suffering from CKD are at high risk of cardiovascular complications, a condition known as Cardiorenal syndrome CRS (Ronco *et al.*, 2008). The molecular mechanisms of CRS are not well understood. In this study, we investigated the cardioprotective effect of amlexanox, which was recently classified as a GRK5i, in a model of CRS generated after 10 weeks of 5/6 nephrectomy in rats.

One of the potential mechanisms of cardiac dysfunction in 5/6 nephrectomized rats is sympathetic over-activity (Yu *et al.*, 2017). Indeed, 5/6 nephrectomy is a stress factor that induces the release of stress hormones, such as catecholamines, which increase blood pressure and induce hypertrophic, fibrotic, and apoptotic signals in the heart through over-stimulation of β ARs (Liggett

et al., 2008; Zipursky *et al.*, 2017). In time, chronic activation of cardiac β ARs leads to their down-regulation as a compensatory mechanism, subsequently leading to heart failure (Santulli and Iaccarino 2016).

In agreement with previously described pathological changes, our study showed that 5/6 nephrectomy in rats induced renal impairment and elevated diastolic and systolic blood pressures, cardiac hypertrophy, and fibrosis 10 weeks after surgical interference. These data are also consistent with the findings of Linssen *et al.* (2018), who showed that serum BNP levels, a marker of heart failure, were significantly increased in 5/6 nephrectomized rats.

Consistent with these pathological changes, cardiac levels of β 1AR and its down-stream signals also decreased. Interestingly, cardiac levels of β -arrestin-2 also decreased in the nephrectomized mice. To our knowledge, this is the first study to address this point. In harmony with these changes in cardiac β 1AR and β -arrestin-2 levels, PIP2 levels significantly decreased

in 5/6 nephrectomized rats than in the sham group. PIP2 is a down-stream signal for β -arrestins (Nelson *et al.*, 2008). Cardiac PIP2 regulates actin dynamics and T-tubule functions in cardiomyocytes. PIP2 deficiency is associated with T-tubule disruption and remodeling and defects in calcium cycling, which may contribute to the progression of heart failure (Ibrahim *et al.*, 2020).

Cardiac DAG levels significantly increased in 5/6 nephrectomized rats compared with levels in the sham group. DAG, through activation of PKC, mediates activation of inflammatory and oxidative stress pathways (Hsu *et al.*, 2018; Lučić, Truebestein, Leonard, 2016). Oxidative stress, in turn, impairs calcium handling and activates inflammatory, apoptotic, and fibrotic pathways in cardiomyocytes, leading to cardiac hypertrophy and fibrosis secondary to cardiac fibroblast hyperproliferation (Rababa'h *et al.*, 2018). We also detected decreased pS473Akt levels (survival signal) and increased caspase-3 activity (apoptotic signal) in the heart in nephrectomized rats, findings consistent with those previously reported (Mohamed *et al.*, 2016).

Interestingly, treating rats with amlexanox beginning after surgery and continuing for 10 weeks prevented most

of the pathological changes induced by 5/6 nephrectomy. The highest cardioprotective effects of amlexanox were observed at the level of cardiac fibrosis and apoptosis. To our knowledge, this is the first study to demonstrate that amlexanox can ameliorate the detrimental effect of CRS on both renal and cardiac functions.

Recently, amlexanox was classified as a GRK5i and a specific I κ B kinase inhibitor (Homan *et al.*, 2014; Reilly *et al.*, 2013). Notably, GRK5 is up regulated during heart failure and its deficiency mediates protective effects (Liggett *et al.*, 2008). In the same context, GRK5 mainly mediates phosphorylation and desensitization of β 2AR and, to a lesser extent, β 1AR (Chen *et al.*, 2001). Furthermore, GRK5 activates inflammatory and apoptotic pathways through direct activation of nuclear factor κ -B (NF- κ B) (Patial *et al.*, 2011). Therefore, inhibition of GRK5 may contribute to the cardioprotective effects of amlexanox. Also, the direct inhibitory action of amlexanox on I κ B kinase cannot be excluded (Reilly *et al.*, 2013).

In this study, we show for the first time, to our knowledge, that amlexanox has potent in vivo antifibrotic and antiapoptotic effects that mediate cardiac protection (Figure 6).

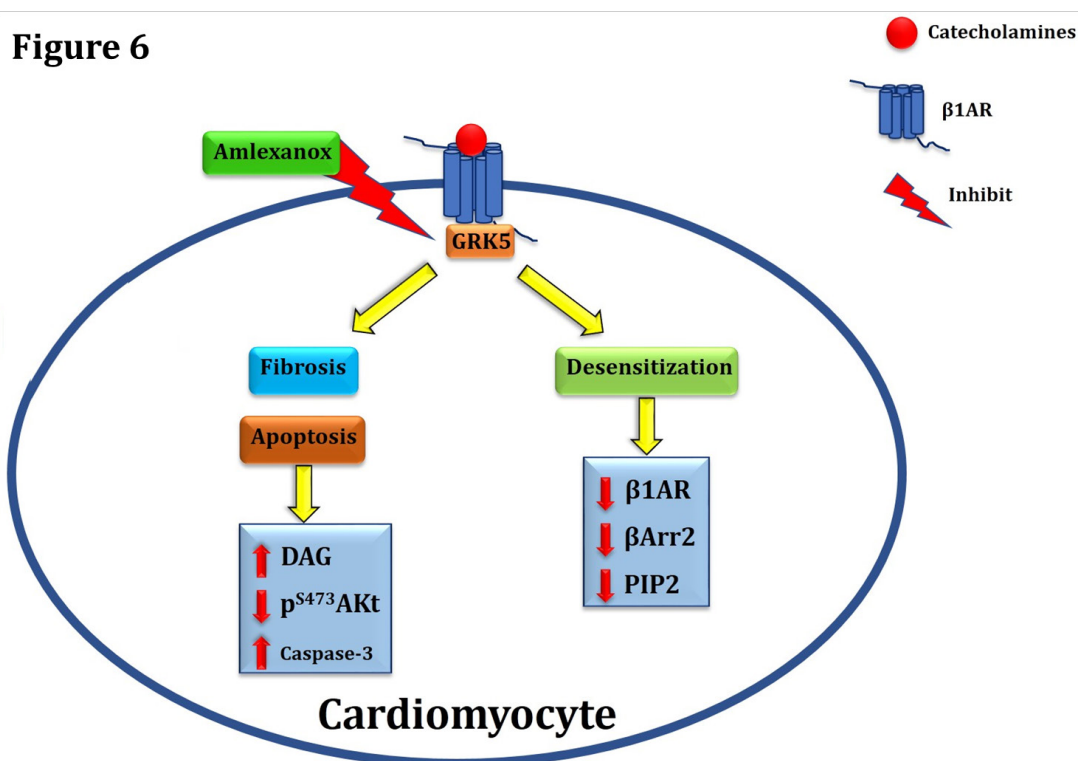


FIGURE 6 - Possible mechanisms for the cardioprotective effect of amlexanox.

AUTHOR CONTRIBUTIONS

RM, NM, and SE conceived and designed the research.

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