

## USE OF SELECTIVE MEDIUM FOR *Burkholderia cepacia* ISOLATION IN RESPIRATORY SAMPLES FROM CYSTIC FIBROSIS PATIENTS

Luiz V.F. da SILVA FILHO(1,3), Luciana de F. VELLOSO(1), Christina N.O. BENTO(2), Edelyn GYTIN(2), Adriana F. TATENO(3), José E. LEVI(3), Joaquim C. RODRIGUES(1) & Sonia R.T.S. RAMOS(1)

### SUMMARY

*Burkholderia cepacia* colonizes cystic fibrosis (CF) patients. We evaluated the impact of the use of a selective medium in the rate of *B. cepacia* recovery from respiratory samples of CF patients. During a 6-month period, respiratory samples were collected from 106 CF patients and cultivated on selective media including a *B. cepacia* selective medium. Confirmation of the identity of *B. cepacia* isolates was carried out by species specific PCR and determination of *genomovar* status performed by a sequential PCR approach. Results of *B. cepacia* isolation during this period were compared to the preceding two years, when the sample processing was identical except for the lack of the *B. cepacia* selective medium. *B. cepacia* was isolated in 11/257 (4.2%) of the samples using the selective medium, in contrast with the preceding two years, when it was isolated in 6/1029 samples (0.58%),  $p < 0.0001$ . Identity of all 11 isolates was confirmed by PCR and *genomovar* determination was accomplished in all but one isolate. These results suggest that the use of a selective medium increases recovery rate of *B. cepacia* from respiratory samples.

**KEYWORDS:** *Burkholderia cepacia*, Selective medium, Cystic fibrosis, Sputum, Genomovars.

### INTRODUCTION

Cystic fibrosis (CF) is an inherited disease characterized by chronic obstructive lung disease, pancreatic insufficiency and elevated chloride levels in the sweat<sup>22,28</sup>. Cystic fibrosis patients are particularly susceptible to infections caused by specific bacterial pathogens such as *Pseudomonas aeruginosa*, *Staphylococcus aureus* and *Haemophilus influenzae*. Despite substantial advances in the prognosis due to antimicrobial therapy and early diagnosis, respiratory disease remain the first cause of death in these patients<sup>8</sup>.

*Burkholderia cepacia*, a plant pathogen, was identified in sputum samples from cystic fibrosis patients in the early 80s<sup>13,18,23</sup>. In some patients, isolation of this bacteria was associated with the occurrence of a fatal necrotizing pneumonia called *B. cepacia* syndrome but in the majority of patients it caused an increase of lung function deterioration. The inherent resistance to the majority of antimicrobial drugs and further observations that *B. cepacia* strains can spread by social contact among patients, resulted in several recommendations for new approaches on microbiological surveillance<sup>4,25</sup> and patient cohorting<sup>9,15</sup>. As a result, isolation of *B. cepacia* in sputum from cystic fibrosis patients carries a significant medical and psychosocial burden. Strategies for *B. cepacia* infection control, however, depend on the accurate identification of this pathogen on the microbiology laboratory.

*B. cepacia* is a fastidious gram-negative bacillus that can be difficult to isolate, since it usually grows slowly when compared to other organisms frequently found in sputum samples from CF patients, such as *P. aeruginosa*. *B. cepacia* is also difficult to identify after isolation, and misidentifications occur very frequently<sup>20</sup>. Although the use of selective media is actually recommended for *B. cepacia* isolation, this is not an homogenous practice among microbiology laboratories involved in the care of cystic fibrosis patients<sup>25</sup>. Furthermore, recent taxonomic analyses have demonstrated that *B. cepacia* is not an unique species, but a complex that comprises six different *genomovars* or genomic species<sup>26</sup>, and this characterization depends mainly on genomic analysis<sup>2,16,17,21,29</sup>.

In Brazil, cystic fibrosis is an underdiagnosed condition that is primarily treated at specialized (university) hospitals. Since the number of diagnosed patients is relatively small, there are not local guidelines for microbiological practices for culturing respiratory samples obtained from these patients, and use of selective media for *B. cepacia* isolation is not a common practice among microbiology laboratories involved in CF care. Approximately one hundred and ten cystic fibrosis patients attend the Pediatric Pulmonology Unit of Instituto da Criança in São Paulo, Brazil. Sputum or oropharyngeal samples of these patients are cultured monthly or bimonthly as part of the regular follow up. During a six month prospective study of direct detection of microorganisms in respiratory samples by the polymerase chain reaction (PCR), samples were also cultured in a *B. cepacia* selective medium.

(1) Instituto da Criança "Prof. Pedro de Alcântara", Hospital das Clínicas, University of São Paulo Medical School, São Paulo, Brazil.

(2) Microbiology Section of Central Laboratory, Hospital das Clínicas, University of São Paulo Medical School, São Paulo, Brazil.

(3) Laboratory of Virology, Instituto de Medicina Tropical de São Paulo, University of São Paulo Medical School, São Paulo, Brazil.

**Correspondence to:** Dr. Luiz Vicente Ferreira da Silva Filho, Instituto da Criança/HCFMUSP, Rua Artur de Azevedo, 1690, apt. 802, 05404-004 São Paulo, SP, Brazil. Fax: +55 11 3069-8503. E-mail: vicres@usp.br

The aim of this study was to compare the rate of isolation of *B. cepacia* during this period with the rate of isolation in the previous two years, when sample processing was identical, except for the lack of the *B. cepacia* selective medium. Confirmation of the identity of *B. cepacia* isolates was also examined by species specific PCR<sup>3</sup>, and *genomovar* determination was attempted by a PCR approach described by WHITBY *et al.*<sup>29</sup>.

## PATIENTS AND METHODS

A total of 106 cystic fibrosis patients (sex: 53M:53F; age: 9m-19y, mean age =  $9.77 \pm 4.83$  years) being treated at the Pediatric Pulmonology Unit of Instituto da Criança of University of São Paulo were studied from September 2000 to April 2001. Diagnosis of CF was based on clinical symptoms and two positive sweat tests or identification of two mutations by genetic analysis, according to international guidelines<sup>22</sup>.

**SAMPLES:** During the period of study, samples of sputum or oropharyngeal swabs from CF patients were collected on each patient visit. Sputum samples were collected directly by expectoration in a sterilized plastic receptacle, and throat swabs were collected by direct friction of a sterile cotton swab in the posterior pharynx, if possible after coughing and with concomitant use of a tongue depressor. Sputum samples were initially processed as described by WONG *et al.*<sup>30</sup>. Briefly, an equal volume of a sterile solution of dithiothreitol (DTT) 50 µg/mL in phosphate buffered saline with 0.1% of gelatin was added to the sputum samples and after 30 minutes homogenized by vortexing. Oropharyngeal swabs were kept on transport medium (modified Stuart's bacterial transport medium, Beckton Dickinson, USA) until delivery to the microbiology laboratory within a short period of time (up to four hours). Written informed consent was obtained from the parents. The Ethical Committee of the Institution approved the study.

**CULTURE TECHNIQUES:** The samples were cultivated on blood agar (Columbia Agar – Oxoid), chocolate agar (GC Agar – Biobrás, São Paulo, Brazil), MacConkey agar (MacConkey Agar – Merck) and *B. cepacia* selective medium (*Burkholderia cepacia* medium – Oxoid), incubated at  $36 \pm 1$  °C for a period of 18 to 48 hours. Bacterial identification was performed with Vitek<sup>®</sup> system (bioMérieux Vitek Inc., St. Louis, Mo), using Gram-negative – GNI and Gram-positive – GPI cards, and additional biochemical tests for bacterial identification whenever necessary. Results were recorded after 24 h of incubation at 37 °C. All isolates of *B. cepacia* were transferred to tryptic soy broth (Tryptic Soy Broth - Merck<sup>®</sup>) with 50% glycerol and stored in a -80 °C freezer.

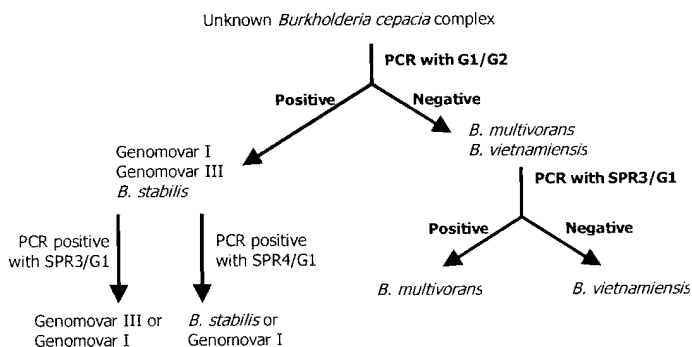
The results of culture of respiratory samples obtained from the same group of patients in the preceding two years were obtained by retrospective analysis of medical records. During this period, the sample processing was identical, except for the initial processing of sputum samples (addition of dithiothreitol) and the lack of *B. cepacia* selective medium.

**DNA EXTRACTION:** DNA of *B. cepacia* isolates was extracted by the Proteinase K - Phenol Chloroform method<sup>24</sup>. Bacterial colonies were suspended in 500 µL of a solution consisting of 200 µg/mL Proteinase K (GIBCO-BRL Gaithersburg, FL, USA); Tris 50 mM pH = 8.0; SDS 0.5% and incubated at 56 °C for 1 h, then boiled for 10 minutes.

This was followed by two steps of organic extraction with Phenol-Chloroform (vol:vol) and DNA precipitation with 2.5 volumes of cold ethanol and 0.1 volume of sodium acetate (3M, pH = 5.2). After centrifugation, the pellet was dried and solubilized in sterile water, and DNA was quantified in a UV spectrophotometer (UltraSpec 3000 UV/Visible Spectrophotometer - Pharmacia, Uppsala, Sweden).

**SPECIES SPECIFIC PCR:** Species specific PCR was performed as described by BAUERNFEIND *et al.*<sup>2</sup>, using primers Eub-16-1 (AGR GTT YGA TYM TGG CTC AG) and CeMuVi-16-2<sub>457</sub> (CCG RCT GTA TTA GAG CCA) targeting a 463 base pair segment of the 16S ribosomal DNA of *B. cepacia*. Reactions were done in a final volume of 25 µL containing 100 ng of template DNA, 0.4 µM of each primer, 2 mM of MgCl<sub>2</sub>, 10 mM Tris HCl (pH 8.0), 50 mM KCl, 250 µM of dNTPs and 1U of Taq DNA polymerase (GIBCO-BRL Gaithersburg, FL, USA). Amplification was carried out using Mastercycler gradient thermocycler (Eppendorf) with an initial denaturation step of 94 °C for 4 minutes and 30 cycles of 94 °C for 1 minute, 56 °C for 1 minute and 72 °C for 1 minute followed by additional 7 minutes at 72 °C. Following amplification, PCR products were visualized by electrophoresis in 1.5% agarose gel stained with ethidium bromide 0.5 mg/mL, with an UV transilluminator. A negative control (sample with no DNA added) was included in all PCR reactions.

**PCR FOR GENOMOVAR DETERMINATION:** Determination of *genomovar* status of *B. cepacia* isolates was performed according to the protocol described by WHITBY *et al.*<sup>29</sup>, using primers G1-G2, SPR3 and SPR4. Isolates were submitted to three separate PCR reactions with primers G1-G2, SPR3-G1 and SPR4-G1, and *genomovar* status was defined according to the algorithm shown in Fig. 1. PCR reactions were performed in 25 µL mixtures containing 200 ng of template DNA, 2 mM of MgCl<sub>2</sub>, 0.8 µM of each primer, 10 mM Tris HCl (pH 8.0), 50 mM KCl, 200 µM of dNTPs and 1.25U of Taq DNA polymerase (GIBCO-BRL Gaithersburg, FL, USA). Amplification was carried out using Mastercycler gradient thermocycler (Eppendorf) with an initial denaturation step of 95 °C for 5 minutes and 30 cycles of 94 °C for 45 seconds, 66 °C for 45 s and 72 °C for 2 minutes followed by a final extension step at 72 °C for 10 minutes. Following amplification, PCR products were visualized by electrophoresis in 0.8% agarose gel stained with ethidium bromide 0.5 mg/mL, with an UV transilluminator. A negative control (sample with no DNA added) was included in all PCR reactions.



**Fig. 1** - PCR algorithm to identify the species and genomovars of the *B. cepacia* complex. Reproduced from WHITBY *et al.*<sup>29</sup>.

**STATISTICAL ANALYSIS:** The results of *B. cepacia* isolation during the six month period were compared to the results of preceding two years, when the sample processing was identical except for the lack of a *B. cepacia* selective media. Comparisons between the results of the two periods used  $\chi^2$  test or two-tailed Fisher exact test, and a p value < 0.05 was considered significant.

**RESULTS**

During the six month study period, a total of 257 samples were cultured. *B. cepacia* was isolated in 11/257 (4.2%) of the samples using the *B. cepacia* selective medium. Cultures were obtained from 9 sputum samples and two oropharyngeal swabs, from 8 patients aged 11 months to 17 years old. In the two years preceding the start of the study, *B. cepacia* was isolated in 6/1029 samples (0.58%), from 5 patients aged 7 to 16 years old. The difference in the rate of isolation among the two

periods, 11/257 (4.2%) versus 6/1029 (0.6%) was statistically significant (two-tailed Fisher exact test, p < 0.0001), Fig. 2. However, the number of patients characterized as colonized by *B. cepacia* (i.e., with at least one sample positive for the bacterium) was not significantly different when the two periods were compared (8/106 (7.5%) versus 5/106 (4.7%),  $\chi^2$  test: p = 0.39).

The identity of the 11 isolates of *B. cepacia* was confirmed by species specific PCR, with all isolates tested resulting in a 463 bp amplicon resultant of amplification of the 16S ribosomal DNA of *B. cepacia*, as partially shown in Fig. 3.

The application of the PCR protocol for *B. cepacia genomovar* determination classified two strains as *Burkholderia vietnamiensis*, two strains as *Burkholderia multivorans* and 4 strains as belonging to *genomovars* I or III, as shown in Table 1 and illustrated in Fig. 4. PCR reactions resulted in the amplification of DNA fragments of approximately 1.3 kb in at least one of the combination of the three primers in all but two samples, which were assigned as *B. vietnamiensis*.

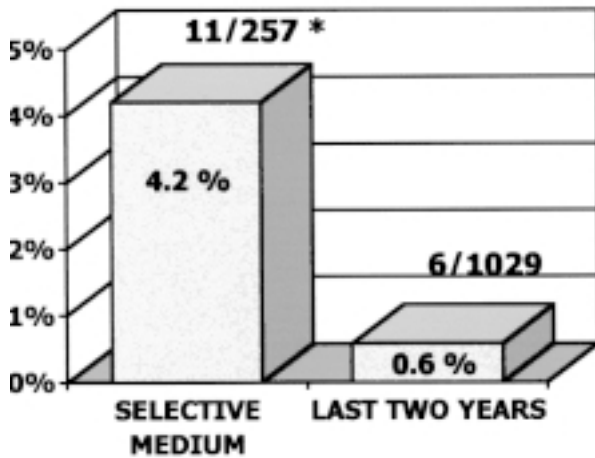


Fig. 2 - Graphical representation of the rate of isolation of *B. cepacia* in the two periods studied. \* two-tailed Fisher exact test: p < 0.0001.

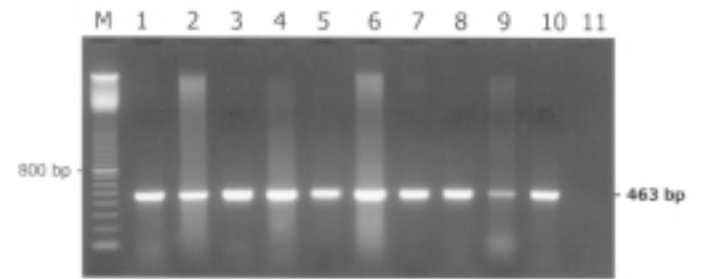
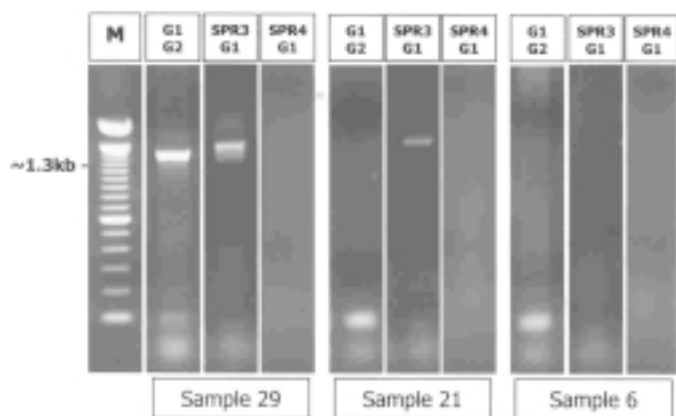


Fig. 3 - Species specific PCR of representative *B. cepacia* strains with primers Eub-16-1/CeMuVi-16-2<sub>457</sub>. Lane 1: *B. cepacia* strain obtained from the microbiology laboratory repository. Lanes 2 to 10: nine representative strains of *B. cepacia* isolated during the six month study period. Lane 11: negative control (no DNA added). M: molecular weight marker (100 bp ladder, Pharmacia, Upsalla, Sweden).

**Table 1**

PCR results of *B. cepacia* complex genomovar determination, using primers G1, G2, SPR3 and SPR4, as described by WHITBY *et al.*<sup>29</sup>. Patient names are indicated by assorted initials. PCR results are expressed: +, positive PCR; -, negative PCR

Sample	Date of isolation	Patient	PRIMER PAIRS			Genomovar / Subspecies
			G1/G2	SPR3/G1	SPR4/G1	
6	9/27/2000	SL	-	-	-	<i>B. vietnamiensis</i>
21	10/5/2000	ABL	-	+	-	<i>B. multivorans</i>
106	12/18/2000	ABL	-	+	-	<i>B. multivorans</i>
29	10/16/2000	CLO	+	+	-	Genomovar III (or I)
176	2/7/2001	CLO	+	+	-	Genomovar III (or I)
55	10/30/2000	OCR	+	+	-	Genomovar III (or I)
130	1/10/2001	THC	+	+	-	Genomovar III (or I)
157	1/24/2001	THC	+	+	-	Genomovar III (or I)
137	1/15/2001	NCC	+	+	-	Genomovar III (or I)
177	2/7/2001	SFRV	+	-	-	Undetermined
220	3/14/2001	SAG	-	-	-	<i>B. vietnamiensis</i>



**Fig. 4** - PCR for *B. cepacia* complex genomovar determination, as described by WHITBY *et al.*<sup>29</sup>. Expected size of amplicons for each primer pair: 1.3 kb.

Each lane represents PCR products obtained with the primer pair indicated on the top; sample 29 was assigned as *B. cepacia* genomovar III (or I); sample 21 as *B. multivorans* and sample 6 as *B. vietnamiensis*. M: molecular weight marker (100 bp ladder, Pharmacia, Upsalla, Sweden).

We didn't observe PCR products using the primers G1-SPR4 in any of the strains tested (Table 1), and therefore we did not identify strains of *B. stabilis* or *B. cepacia* genomovar I. The genomovar status of one isolate could not be determined, as it didn't result in PCR products of the expected size with primer pair G1-SPR3 while showed positive result with primer pair G1-G2, an unexpected event.

## DISCUSSION

*B. cepacia* is a microorganism that has great significance in cystic fibrosis. Since its recognition as an infecting agent in CF patients in the mid 80s, much have been learned about its importance, transmission and clinical impact, but several questions remain to be answered. The isolation of this organism in respiratory secretions of CF patients still carry a severe psychosocial burden, arising from the precautions to minimize person-to-person transmission and to the increased rates of morbidity and mortality in this patient population<sup>15</sup>.

*Pseudomonas cepacia* was originally described by Burkholder in 1950 as the causative agent of bacterial rot of onion bulbs. In 1992, *P. cepacia* was transferred to the new genus *Burkholderia*, which currently include 22 bacterial species<sup>7</sup>. Several additional modifications in the taxonomy of *B. cepacia* have occurred in the last decade, with the recognition of marked heterogeneity among *B. cepacia* strains isolated from different ecological niches. *B. cepacia* was classified as a complex, comprising at least five different genomic species or genomovars<sup>26</sup>. *B. cepacia* genomovar V was identified as the previously described species *B. vietnamiensis*<sup>7</sup> and the name *B. multivorans* was proposed for strains belonging to the genomovar II. *B. cepacia* genomovar IV was subsequently classified as *B. stabilis*<sup>27</sup>. Recent taxonomic studies identified more three members of *B. cepacia* complex, *B. cepacia* genomovar VI, *B. ambifaria* and *B. pyrrocinia*<sup>1,5,6</sup>.

Clinical management of respiratory infections in CF patients rely on the identification of organisms cultured from respiratory specimens such

as sputum, oropharyngeal swabs or bronchoalveolar lavage samples, but this apparently simple procedure may not be straightforward. Identification of *B. cepacia* can be problematic and misidentifications may be relatively common. As many as 20% of isolates sent to reference laboratories identified as *B. cepacia* may be misidentified<sup>20</sup>. Therefore, the use of a selective media that take advantage of the species broad antibiotic resistance is a critical first step in sample processing.

A comparison of three media was performed by HENRY *et al.*<sup>11</sup>, reporting superiority of BCSA (*B. cepacia* selective agar) to OFPBL and PCA (*P. cepacia* medium) in terms of rapidity and quality of recovery of *B. cepacia* complex organisms from CF respiratory specimens, while inhibiting the growth of other organisms. The above mentioned medium (BCSA), however, is not indicated for isolation of environmental *B. cepacia* isolates, due to low specificity/sensitivity.

We utilized a different medium, named *B. cepacia* medium (Oxoid), mainly indicated for the isolation and identification of *B. cepacia* from respiratory secretions of CF patients. As expected, a significant difference of isolation rates of *B. cepacia* strains was observed among the two periods analyzed (with and without the use of selective medium), which was probably derived from the discriminating properties of the *B. cepacia* selective medium. Although there was a significant difference in the rate of *B. cepacia* isolation, the use of the selective medium did not contribute to identification of a significant broader patient population colonized with *B. cepacia*, but isolation of *B. cepacia* was observed in younger patients and in two oropharyngeal swabs samples. The impact of the use of dithiothreitol (DTT) as a solubilizing agent in culture results was previously assessed by HAMMERSCHLAG *et al.*, who showed that the substance may interfere in the isolation rate of *H. influenzae* only when high concentrations were used<sup>10</sup>. Although this aspect was not specifically addressed in the present work, it seems unlikely that the use of DTT as part of initial sample processing had some influence in the observed results.

Although there are recommendations for specific microbiological practices when culturing samples from CF patients, they are not universally adopted, even in more specialized laboratories. The situation in Brazil is quite different, since there are few specialized centers for CF care and there is no information or consensus for the microbiology practices used for culturing respiratory samples obtained from CF patients.

The use of PCR for the identification of *B. cepacia* strains was described by a number of authors<sup>3,14</sup>, but the taxonomic changing of the *Burkholderia* genus have posed new potential caveats associated with some primer pairs described, such as cross reactivity with non-*B. cepacia* complex organisms or poor specificity for the identification of some of the species<sup>16,19</sup>. To date, the only described primer pairs that are supposed to identify all members of the *B. cepacia* complex are those described by BAUERNFEIND *et al.*<sup>2</sup>, Eub-16-1/ CeMuVi-16-2<sub>457</sub>, which identify genomovars I, III, *B. multivorans*, *B. vietnamiensis* and *B. stabilis*, and primers BCR1/BCR2, described by MAHENTHIRALINGAM *et al.*<sup>17</sup>, which are able to identify all members of the *B. cepacia* complex, including the very recently described *B. cepacia* genomovar VI and genomovar VII (*B. ambifaria*)<sup>17,19</sup>.

We decided to use the primer pair described by BAUERNFEIND *et al.*, since it is currently being tested by our group for direct detection of

*B. cepacia* strains in respiratory samples from CF patients. Our PCR results with this primer pair confirmed the identity of all the eleven *B. cepacia* strains isolated with the selective medium. This primer pair was also tested in PCR reactions with DNA of other bacterial species frequently found in the sputum of CF patients (*P. aeruginosa*, *S. aureus*, *H. influenzae*, *S. maltophilia*), and didn't result in any visible PCR product (data not shown).

The knowledge of *B. cepacia* complex genomovar species responsible for respiratory infections in CF patients is extremely important for appropriate segregation and grouping of CF patients into cohorts<sup>15,19</sup>. Although there are now recent described phenotypic tests for genomovar determination, it is still not possible to identify all genomovars based on this approach<sup>12</sup>. Several strategies have been proposed for the identification of genomovars using molecular biology techniques, and the method described by WHITBY *et al.*<sup>29</sup> was chosen because of its simplicity, although it is not able to differentiate genomovars I and III. Since CF patients are predominantly colonized by genomovar III and *B. multivorans*<sup>16,19,26</sup>, this limitation doesn't constitute a significant pitfall. The results obtained with the PCR approach using primers G1, G2, SPR3 and SPR4 confirmed this predominance of genomovar III (most likely) among our CF patients, although we found the same proportion of patients colonized by *B. multivorans* and *B. vietnamiensis* (two patients colonized with each species). Three patients have two *B. cepacia* positive cultures, obtained on different dates; none of them, however, presented different genomovars.

In summary, our results confirmed the importance of the use of a selective medium for *B. cepacia* isolation when culturing respiratory samples from cystic fibrosis patients. We have also confirmed the identity of all isolates of *B. cepacia* by species specific PCR and further characterized these isolates by genomovar status, obtaining results similar to those described on other CF specialized Centers.

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#### RESUMO

##### Uso de meio seletivo para identificação de cepas de *Burkholderia cepacia* em amostras de trato respiratório de pacientes portadores de fibrose cística

A *Burkholderia cepacia* coloniza os pacientes portadores de fibrose cística (FC). Avaliamos o impacto do uso de um meio seletivo no isolamento de *B. cepacia* em amostras de secreção respiratória de pacientes portadores de FC. Durante um período de 6 meses, amostras de trato respiratório foram colhidas de 106 pacientes com FC e cultivadas em meios seletivos incluindo um meio para isolamento de *B. cepacia*. A identidade das cepas de *B. cepacia* foi confirmada através de PCR espécie específica e a determinação do *genomovar* ou subespécie realizada através de reações sequenciais de PCR. Os resultados de isolamento de *B. cepacia*

durante este período foram comparados com os dois anos precedentes, quando o processamento das amostras era idêntico, exceto pela utilização do meio seletivo para *B. cepacia*. *B. cepacia* foi isolada em 11/257 (4,2%) amostras usando o meio seletivo, e em apenas 6/1029 (0,58%) nos dois anos precedentes ( $p < 0,0001$ ). A identidade destas 11 cepas foi confirmada e a determinação do *genomovar* obtida em 10/11. Estes resultados sugerem que o uso do meio seletivo aumenta a frequência de isolamento de *B. cepacia* em amostras de trato respiratório de pacientes portadores de FC.

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